



WEST ESSEX REGIONAL MIDDLE SCHOOL

GOOD MORNING KNIGHTS!

Today is **Wednesday, October 28th**

We are following an **All Classes Meet Day** Schedule

Please start your day with Block 1, Period 1. We start today at 8:15

PLEASE STAND AND JOIN ME IN RECITING THE PLEDGE OF ALLEGIANCE



I pledge allegiance to the Flag of the United States of America and to the Republic for which it stands, one nation under God, indivisible, with liberty and justice for all.

Announcements

Wednesday 10/28... *All Day Schedule Quick Glance*

Today is wear
Red Day

All Classes Meet Day

BLOCK	TIME	PERIOD
1	8:15-8:50	1
2	8:55-9:30	2
3	9:40-10:15	3
4	10:20-10:55	4
Lunch	11:00-11:50	Labs/Lesson
5	11:55-12:30	5
6	12:35-1:10	6
7	1:20-1:55	7
8	2:00-2:35	8

Upcoming Events

- Fun Fact Friday
- Wear Your Costume to school Friday
- 11/2 Election Day
- 11/5 & 11/6 District Closed

STEM Zoom Link click [Here](#) Code: mv5al6

String Ensemble Zoom Link Click [Here](#) Code: gt4jpia

Glee Club Zoom Link Click [Here](#) Code: agytpg5

West Essex Middle School
In Honor of Red Ribbon Week

Wed - 10/28
Redy-y Say No to
Drugs
Wear Red Day



Thurs - 10/29
Com-bat Drugs
Wear Camo Day



Fri - 10/30
Strike Out Drugs
Baseball Cap Day



Reminder.....

Today after school

Click the
slide for the
Zoom Link

Code:
cqzvdio



NHS MS Peer Tutoring

NHS Peer Tutoring:

WE High School's National Honor Society (NHS) Peer Tutoring Program is available to all middle school students!

You Must Sign Up In Advance

To schedule a tutoring appointment, please complete the NHS MS Tutoring Google Form. Once the session is scheduled, you will receive a confirmation email with the Zoom Link.



[NHS MS Peer Tutoring Google Form](#)





Every Thursday at 2:45



String Ensemble Zoom Link Click [Here](#) Code: gt4jpia

Glee Club Zoom Link Click [Here](#) Code: agytpg5

Mindful Mondays

-  Are you feeling stressed or overwhelmed?
-  Would you like to learn some ways to help you feel mindful and calm?
-  If so, then Mindful Mondays is for you. You will learn new techniques & then go practice the skills.
-  **Beginning November 2nd at 2:15, via Zoom.**



Click the link
below for
More
information







Mindful Monday Flyer Click [Here](#)

Mindful Monday Permission Slip Click [Here](#)

Friday Celebration

If you would like to celebrate Halloween by wearing a costume this Friday, please remember the rules.



-  No costumes that ridicule or demean on the basis of race, ethnicity, religion, gender, or sexual orientation.
-  No costumes that represent a violent theme. Weapons, either real or replica, are not allowed
-  No wearing masks or sunglasses over your eyes. (They may be worn on top of your head)
-  No face paint
-  No bicycles, scooters, skateboards, rollerblades, carts, or any other means of transportation
-  No carrying sticks, clubs, bats, etc.

Please also be sure to wear your Covid-19 face mask & maintain 6ft of distance!



Birthday Shout-Out



Happy Birthday to Brady Phillips



Hope you have a great day!

Thursday 10/29

A Day Single Session Schedule

BLOCK	TIME	PERIOD
1	7:42-8:27	1
2	8:32-9:13	2
3	9:18-9:59	3
4	10:04-10:45	5
5	10:50-11:31	6
6	11:36-12:17	7

You will be
following an
A Day.

Class starts at
7:42



Have a Great Day

